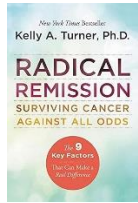


TURNING FORCE COACHING

The Art & Act of Life Work Flourishing



Dr. Kelly Turner, PhD, is a cancer researcher. She found over 1,000 cases of 'radical remission' of cancer in medical journals. This led to her traveling around the world for a year interviewing people, asking them, "Why do you think you healed?" Her determination was to collect and analyze data.

Her dissertation research involved a year-long trip around the world traveling to 10 different countries to interview 20 'radical remission' survivors and 50 alternative healers about their techniques for healing cancer.

Her book ['Radical Remission: Surviving Cancer Against All Odds'](#) is a compilation of the results. It is *not* a promotion of non-Western/alternative approaches to cancer treatment as the only option. It is *not* about propagating false hope. She emphatically insists that her data can be used *in conjunction* with current, cutting-edge Western medical treatment, *or after* it is over and has not yet cured the cancer fully.

Taking the 3-pronged approach of Body, Mind and Spirit, she highlights the physical, mental/emotional and spiritual aspects of healing. Together she compiles 75 diverse factors spread through these 3 principles, which she has further distilled down to 9 salient factors.

Each chapter addresses the science behind the factor, a real-life story and healing tips for the reader. Turner upholds the very principles of scientific research: include the anomalies that do not fit into your hypothesis or come up with a new hypothesis.

She emphasizes, "*The 9 key factors are **hypotheses**, for why radical remission **may** occur. They are not yet proven facts*". These 9 key factors are your tools for your portable, sturdy, state-of-the-art toolbox.

- Radically changing your Diet
- Taking Control of your Health
- Following your Intuition
- Using Herbs and Supplements
- Releasing Suppressed Emotions
- Increasing Positive Emotions
- Embracing Social Support
- Deepening your Spiritual Connection
- Having Strong Reasons for Living

~ Sushama Kirtikar

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